

# ENT INSIGHTS

Issue 1, JUNE - DEC 2025



“ Official Newsletter of  
the ENT Department



## Advances at Jinnah Hospital Lahore: A new era of service

Renowned for excellence, the Department of ENT continues to provide comprehensive healthcare for patients and their families. With successful cochlear implant surgeries in 2025, a significant historic milestone has been achieved, which now serves as a beacon of hope for children with profound deafness.

## From the Editor

I am delighted to share this edition of our ENT Department Newsletter, highlighting the dedication and achievements of our faculty, residents, and staff. Each update reflects our commitment to advancing patient care, education, and collaboration. May these pages inspire and strengthen our shared vision for excellence in otolaryngology.

-Prof. Dr. M. Irshad Malik

## Mission statement

No compromise on quality in providing affordable healthcare to patients. Achieving excellence in medical education.

## Vision Statement

Become the centre of excellence and torch bearer of health services and medical education in the region.

 [www.entonejinnah.com](http://www.entonejinnah.com)

 [entunit0022@gmail.com](mailto:entunit0022@gmail.com)

 +92-317-5606946



## The Editorial Board

1. Prof. Dr. Irshad Malik
2. Dr. Sajjad Akram
3. Dr. Umair Wahab
4. Dr. Waseem Amin
5. Dr. Atique U Rehman
6. Dr. Saba Shakeel

## State-of-the-art Operation Theatre

### Gift of Hearing for all...!

The ENT Department at AIMC/Jinnah Hospital Lahore has successfully performed three cochlear implant surgeries in children, restoring the precious gift of hearing. These procedures mark a milestone in advancing pediatric ENT care and offer hope to families affected by profound hearing loss. With this achievement, the department strengthens its role as a center of excellence in hearing restoration. It also reflects our unwavering commitment to innovation, compassion, and improving quality of life for young patients.

*-Dr. Sajjad Akram*



## Activities

Over **250** patients at Outpatient Department daily Over **40** in-patient beds in two units More than **15** surgeries every week  
Regular theatre list with complex head and neck surgeries  
Structured training for more than **15** post-graduate residents  
Well developed curriculum for undergraduate students

## Upcoming Events

FCPS/MS Part 2  
Mock Examination  
for Post-graduate  
trainees across the  
region

- TOACS practice
- Long case Tips
- for examination day Feedback
- on performance

**Venue:** ENT  
Department Unit 1

**Date:** Will be  
announced Soon

## Residents' Corner

"From June to December 2025, residency has been a journey of growth and discovery. Assisting in complex ear and sinus surgeries, and witnessing the transformative impact of pediatric cochlear implants, reinforced the importance of precision and compassion in our field. Each rotation brought new lessons, reminding me that every patient encounter is both a challenge and an opportunity to evolve as an ENT surgeon."

66

**-Dr. Musarrat Fatima**  
PGR ENT



## World News

The tubarial glands area pair of bilateral macroscopic salivary glands discovered at the Netherlands Cancer Institute in 2020. Located in the human nasopharynx near the torus tubarius, the glands are predominantly mucous in nature and can be visualized by positron emission tomography and computed tomography with prostate-specific membrane antigen ligand (PSMA) positivity. Whether these glands contribute substantially to functional salivary gland mass remains a matter of debate.

**-Dr. Umair Wahab**



## ANNOUNCEMENTS

A new Temporal Bone Skill Lab is under development in the department, set to be completed by late 2026. This cutting-edge facility will enhance surgical training and strengthen our commitment to excellence in medical education.

*Photography by: Dr. Mudassir Hassan*  
PGR ENT

## ENT Health for Patients

### **Q-tips and earwax**

Every day, the OPD is flooded with patients complaining of impacted earwax. For most people, the ear canal has a self-cleansing mechanism. Movements of the jaw help expel earwax. Using cotton swabs and Q-tips only pushes the earwax further inside, often injuring the canal wall itself.

**-Dr. Attique Ur Rehman**